

February 2022



Welcome to our ever-growing Alliance for perinatal mental health! The Perinatal Mental Health Alliance of NL (PMHANL) aims to enhance awareness and promote care and supports for perinatal mental health across the province.

[Visit our Website](#)

Let's Stay Connected!

We Want to Hear From You!

The PMHANL is currently working to strengthen the Alliance through the creation of a strategic plan and governance model. As part of the process, you are warmly invited to participate in one of three focus groups that will be held via Zoom. Each session will be 1.5 hours. Your input is necessary to ensure the Alliance has clear direction that reflects the interests and expectations of its members.

The following links will register you for the session of your choice. After registering, you will receive a confirmation email containing information about joining the meeting.

When: Feb 24, 2022 10:00 AM Newfoundland and Labrador

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZ0pfu-vqzotEtOSbL22EeDmDuNsdYiFeGJF>

When: Feb 25, 2022 01:30 PM Newfoundland and Labrador

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZMpcugprTwiGNw_QcOtSIKYgrrTm1XMH_Um

When: Feb 28, 2022 07:00 PM Newfoundland and Labrador

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZlPd-urrTMuGtb2PltRqTllaWZlfflo5ji2>

Thanks in advance. We look forward to seeing you!

Do you or your team have an event coming up related to Perinatal Mental Health? Let us know! We would love to share more updates from our community on our website and through newsletter! Email pmhanlconnect@gmail.com with your information.

This email is being sent to you because you had expressed interest in the work of the Perinatal Mental Health Alliance of Newfoundland and Labrador. If you are not interested in receiving future emails from this group, please unsubscribe below.