



**Moving Towards an Integrated Model
of Perinatal Mental Health Care in NL**
Mornings of October 27 and October 29, 2020

List of Registrants

Mr. John Abbott

Chief Executive Officer
Canadian Mental Health Association-NL
St. John's
jabbott@cmhanl.ca

Ms. Jenniffer Abreu

Lider Comunitaria
Proyecto INARO UPR
Humacao, Puerto Rico
jenniffer.abreu@upr.edu

Ms. April Andersen

Team Lead-Trauma and Addictions Mobile
Team
Nunatsiavut
Goose Bay
april.andersen@nunatsiavut.com

Ms. Chanelle Applin

St. Anthony

Dr. Krysta Au

Family physician
Portugal Cove - St. Philips
au.keegan@gmail.com

Mrs. Mary Baggs

Nurse Practitioner
Eastern Health
St. Lawrence

Ms. Melissa Baker

Public Health Nurse
Eastern Health
CBS
melissad.baker@easternhealth.ca

Ms. Salome Barker

Program Facilitator
First Light
Indigenous

Mrs. Heather Bartlett

Executive Director
Daybreak Parent Child Centre
St. John's
hbartlett@daybreakcentre.com

Janice Batstone

Public Health Nurse
Eastern Health
St. John's
janice.batstone@easternhealth.ca

Mrs. Robyn Beaudry

RN
Eastern Health
St John's

Clare Bessell

Obstetrics Nurse Educator
Perinatal Program NL
St. John's
Clare.bessell@easternhealth.ca

Ms. Maureen Bethel

Manager
Daybreak Community Programs
St. John's
mbethel@daybreakcentre.com

Ms. Nadine Bonnell

Social Worker
Western Health
Corner Brook
nadinebonnell@westernhealth.nl.ca

Ms. Maureen Brennan

Peer Support Coordinator
Eastern Health
St. John's
maureen.brennan@easternhealth.ca

Leanne Brinston

Social Worker/ Addictions Counselor
Eastern health
St. John's
leanne.brinston@easternhealth.ca

Ms. Jennifer Brown

St. John's
jenbrownten@gmail.com

Mrs. Marie Budden

Regional CHN Consultant II
WesternHealth
Stephenville
mariebudden@westernhealth.nl.ca

Ms. Nicole Burke

Registered Nurse
Labrador Grenfell Health
St. Anthony

Ms. Wanda Bursey

Manager
Eastern Health
St. John's
wanda.bursey@easternhealth.ca

Denise Butler

Social Worker III
CSSD, Government of NL
St. John's
denisebutler@gov.nl.ca

Ms. Tasha Butler

Mental Health Counsellor
Labrador Grenfell Health
Happy Valley Goose Bay

Miss Cynthia Cadigan

Clinical Nurse Coordinator
Eastern Health
St. John's
cynthia.cadigan@easternhealth.ca

Mrs. Tracey Carter

Public Health Nurse
Conception Bay South
tracey.carter@easternhealth.ca

Ms. Michelle Clowe

Resource Facilitator
Kilbride to Ferryland Family Resource
Centre
Ferryland
Michelleclowe75@gmail.com

Mrs. Jennifer Colbourne

Family Services Coordinator
Daybreak Parent Child Centre
St. John's
jcolbourne@daybreakcentre.com

Ms. Melvie Colbourne
Social Worker
Dept. of Children, Seniors and Social
Development
Happy Valley Goose Bay

Mrs. Beverly Collins
Dover & Area Community Family Coalition
Dover
doverhbc@hotmail.com

Mrs. Tina Coombs
Health

Dr. Roxanne Cooper
Family Physician
St John's

Paula Corcoran
Executive Director
CHANNAL
St. John's
pjacobs@channal.ca

Ms. Mikayla Croke
Social Worker
Labrador Grenfell Health
Happy Valley Goose Bay
mikayla.croke@lghealth.ca

Willette Crooks
Alexandria

Debbie Curtis
Mental Health and Addictions Consultant
Government of NL
St. John's
debbiecurtis@gov.nl.ca

Mrs. April Dakins
Lactation Consultant
Western Health
Corner Brook
aprildakins@westernhealth.nl.ca

Mrs. Erin Daley
Policy and Program Development Specialist
Department of Children, Seniors and Social
Development
St. John's

Dr. Sara Dalley
Resident
St. John's
sara.dalley@mun.ca

Ms. Nadine Dove
Social worker
Central Health
Gander

Dr. Anne Drover
Pediatrician
Janeway Hospital
St. John's
adrover@mun.ca

Dr. Norah Duggan
Family Physician
Shea Heights Community Health Centre
St. John's
nduggan@mun.ca

Emma Duke
Legal Support Navigator
The Journey Project
Doula, Social Worker
emmaeleanore@gmail.com

Dr. Shannon Edison
Clinical Psychologist
St. John's
drshannonedison@gmail.com

Mr. Andrew Edwards
Social Worker III
CSSD
St. John's

Mrs. Candace Edwards Joyce

Registered Nurse
Eastern Health
dandcej@gmail.com

Prof. Wanda Emberley Burke

Nurse Educator
Centre for Nursing Studies
St. John's
web714@mun.ca

Nicole Erickson

Social Worker
Department of Children Seniors and Social
Development
Corner Brook

Mary Fearon

Director Blue Door
Thrive
St. John's
mfearon@thrivecyn.ca

Mrs. Jill Ford

Mental Health Counsellor
Labrador Grenfell Health
Happ Valley Goose Bay
jill.ralph@lghealth.ca

Mrs. Anita Forward

Health Promotion Consultant
Eastern Health
St. John's, NL
anita.forward@easternhealth.ca

Mrs. Kim Foster

Resource Mother
Training Wheels Family Resource Centre
Springdale

Ms. Carolyn Fowlow

Mental Health Nurse
St. Alban's

Mrs. June Fry

Innu Child Health Coordinator
Innu Round Table Secretariat
Sheshatshiu
jfry@irtsec.ca

Ms. Camila Fujiwara

Family Advisor
IO
Post Secondary

Ms. Lynanne Furlong

Adoptions Consultant
Children, Seniors and Social Development
St. John's, NL

Ms. Sandy Gamba

Psychologist
Eastern Health
St. John's
sandy.gamba@easternhealth.ca

Brenda Gear

Mental Health Co-Ordinator
Sheshatshiu Innu First Nation
Sheshatshiu
bgear@sifn.ca

Mrs. Paulette Gibbons
Resource Mother
Dover & Area Community Family Coalition
Dover

Mrs. Ruby Gill
Resource Person
Fogo Island Family Resource Centre
Fogo Island, NL
hbcfogoisland@hotmail.com

Mrs. Amy Goodyear
Resource Mother-Healthy Baby Club
Goose Bay
agoodyear1980@gmail.com

Ms. Chante Goodyear
Addictions Counsellor
Central

Mrs. Natalie Gosse
Faculty
Centre for Nursing Studies
St John's
natalie.gosse@mun.ca

Mrs. Lisa Goulding
Clinical Program Supervisor
CSSD
St. John's NL
LisaGoulding@gov.nl.ca

Mrs. Ashley Greene
Registered Nurse
Graduate Student
aag231@mun.ca

Ms. Pam Griffin
Public Health Agency of Canada
St. John's
pamela.griffin@canada.ca

Ms. Laura Halley
School Counsellor
NLESD
Mount Pearl
laurahalley@nlesd.ca

Ms. Denise Hand
Psychologist
eastern health
St. John's
denise.hand@easternhealth.ca

Mrs. Janice Hardy
RN
Western
Corner Brook, NL
janicehardy@westernhealth.nl.ca

Ms. Kellie Hayman
Residential Program Manager
Blue sky Family Care
St. John's

Mr. Mike Herrell
Provincial Program Manager
CHANNAL
St Johns
mherrell@channal.ca

Mr. Barry Hewitt
MH&A System Navigator
Eastern health
St. John's
barry.hewitt@easternhealth.ca

Mrs. Kim Hicks
Social Worker
Eastern Health
St. John's
kim.hicks@easternhealth.ca

Samantha Hillier

St. Anthony

Ms. Gwen Hiscock

Neighbourhood of Friends Family Resource
Centre
Clarenville

Ms. Stacey Hoffe

Case Manager
Labrador Grenfell Health
Happy Valley-Goose Bay
stacey.hoffe@lghealth.ca

Dr. Amanda Hooykaas

Waterloo, Ontario

Dr. Melissa Hoskins

Clinical Psychologist
Eastern Health
St. John's
melissa.hoskins@easternhealth.ca

Ms. Jennifer Howse

Care Facilitator/Clinical Educator OBS
Central Health
Gander
jennifer.howse@centralhealth.nl.ca

Mrs. Amy Howard

Regional Director For Children's and
Women's Health
Eastern Health
St. John's
amy.howard@easternhealth.ca

Ms. Nicolle Howell

Public Health Nurse
Eastern Health
St. John's

Mrs. Alisa Humber Cutler

Family Resource Centre Coordinator
Brighter Futures St. John's.
alisa.hc@gmail.com

Mrs. Melanie Humby

Public Health Nurse
Lab-Grenfell Health
Roddickton
melanie.humby@lghealth.ca

Mrs. Tanya Humby

NP
Labrador Grenfell Health Authority
Roddickton

Ms. Ashley Hunt

Registered Nurse
Eastern Health
Paradise, Newfoundland and Labrador
amh574@mun.ca

Mrs. Heather Hynes

Regional Mental Health Promotion
Consultant
Central Health
Grand Falls Windsor
heather.Hynes@centralhealth.nl.ca

Mrs. Joni Ingram

Registered Nurse
Western Health
Corner Brook
joniingram@westernhealth.nl.ca

Dr. Kimberly Jarvis

Memorial University
kimberly.jarvis@mun.ca

Ms. Victoria Jennings

Nurse Practitioner Mental Health and Addictions
Western Health
Corner Brook, NL
victoriajennings@westernhealth.nl.ca

Ms. Claudine Kean Dobbin

Parent and Child Health Coordinator
Labrador-Grenfell Health
Labrador City, NL
claudine.keandobbin@lghealth.ca

Ms. Colleen Kearley

Parent and Child Health Coordinator
Eastern Health
Harbour Grace
colleen.kearley@easternhealth.ca

Paula Kelly

St Johns
paulak@mun.ca

Mrs. Krystal Kennedy

Child Care Services Program Consultant
Government of Newfoundland and Labrador
St. John's
krystalkennedy@gov.nl.ca

Brenda Kiefte

Canada

Dr. Poh Gin Kwa

Pediatrician
Eastern Health, St. John's, NL
PPNL clinic St. John's, NL

Mrs. Carol Lacey

Clinical Nurse Manager
LG Health
Labrador West

Ms. Erin Law

Doula / Support Coordinator
Lodestar Doula Services / Thrive
St. John's
erinfranlaw@gmail.com

Mrs. Niki Legge

Provincial Director, Mental Health and Addictions
Government of Newfoundland and Labrador
nikilegge@gov.nl.ca

Ms. Judy Lester

Prenatal Educator
Eastern Health
St. John's NL
judith.lester@easternhealth.ca

Ms. Wilma MacInnis

Director
Office of the Child and Youth Advocate
St. John's
wilmamacinnis@ocya.nl.ca

Mrs. Vicki Macneil

Healthy Baby Club Coordinator
Conception Bay Family Resource Program
Conception Bay South
vicki@cbfrp.com

Elizabeth Marrie

Psychotherapist
Centre City MH Clinic, EH
St. John's
emarrie@sistersofmercynf.org

Ms. Donna Marshall

Clinical Nursing Instructor
Eastern Health
South River NL
donna.gillard7@gmail.com

Mrs. Paula McDonald

Public health nurse
central health
Gambo

Dr. Christine Mikail

Psychiatrist
Labrador-Grenfell Health
Labrador- Grenfell Health , NL
cmikail@mun.ca

Ms. Leona Molloy

Social Worker III
Gov NL (CSSD)
St. John's
leonamolloy@gov.nl.ca

Mrs. Maureen Moores

Manager, Social Worker
Eastern Health
St. John's

Mrs. Mary Mosley

Counselor
Dept. BehavHealth
Frankfort, KY

Mr. Phil Murphy

St. John's
phil.murphy@easternhealth.ca

Veronica Murphy

USA

Ms. Michelle Murray

Health Promotion Consultant
Government of NL
Member of the PNMHANL
michellemurray@gov.nl.ca

Ms. Norma Myers

Mental Health Social Worker
Central Regional Health Authority of
Newfoundland and Labrador
St. Alban's, NL

Ms. Hilary Newman Loveless

Addictions Counsellor
Labrador-Grenfell Health
Happy Valley-Goose Bay, NL

Ms. Elizabeth Noel

Social Worker
Eastern Health
St. John's
elizabeth.noel@easternhealth.ca

Miss Holly Noseworthy

Registered Nurse
Eastern Health
Portugal Cove-St. Phillips

Julia O'Brien

Social Worker
LGH
Goose Bay
julia.obrien@lghealth.ca

Miss Julie O'Connor

Psychology

Maggie O'Dea

St. John's
mecod2@mun.ca

Mrs. Rhonda O'Driscoll

CNC
Eastern Health
Lethbridge
rhonda.odriscoll@easternhealth.ca

Ms. Raven Okanee
Program Facilitator
Choices For Youth
St. John's
rokanee@choicesforyouth.ca

Mrs. Brenda Oldford
Children and Women's Health Program
Manager
Eastern Health
St. John's
brenda.oldford@eaternhealth.ca

Grace Palina
Mental Health Counsellor
Labrador Grenfell Health
Port Hope Community Clinic
grace.palina@lghealth.ca

Ms. Amanda Pardy
Manager, Mental Health & Addictions
Labrador Grenfell Health
Goose Bay
amanda.pardy@lghealth.ca

Mrs. Amanda Parril
Western Health
Corner Brook
alovell93@hotmail.com

Mrs. Danika Parrill
Mental Health Nurse
Labrador Grenfell Health
St. Anthony
danika.norman@lghealth.ca

Mrs. Jennifer Patrick
NP
Eastern Health
St. John's
jennifer.patrick@easternhealth.ca

Ms. Amanda Peddle
Clinical Social Worker
Government of Newfoundland and
Labrador (CSSD)
St. John's
amandalcpeddle@gov.nl.ca

Mrs. Helen Penney
Registered Nurse Obstetrics
LGHRA
St. Anthony NL
helenpenney@hotmail.com

Mrs. Jackie Penney
Executive Director
Vista Family Resource Centre
Bonavista
vistafamily11@gmail.com

Ms. Juanita Perez
Alliance of People with DisAbilities
Disability
juanita@disabilitypride.org

Adrienne Peters
St. John's
apeters@mun.ca

Mrs. Jeannie Piercey
Program Cordinator
Choices for youth
St Johns
jpiercey@choicesforyouth.ca

Michele Pike
Mental Health Promotion Consultant
Eastern Health
St. John's

Ms. April Pomeroy

Division Manager, Labour & Delivery
Eastern Health
St. John's
april.pomeroy@easternhealth.ca

Dr. Caroline Porr

Associate Professor
Memorial University Faculty of Nursing
Paradise
cporr@mun.ca

Mrs. Roxanne Pottle

Executive Director
Brighter Futures
St. John's
roxanne@brighter-futures.net

Ms. Krista Power

Patient Care Facilitator 5nb Obstetrics And
Gynecologist
Eastern health
Mobile
krista.power@easternhealth.ca

Ms. Ashley Power

MHA Counselor
LGH
Seshatshiu

Ms. Elizabeth Power

Staff Nurse
The Grace Centre for Mental Health and
Addictions
Harbour Grace, NL
Elizabeth.power@easternhealth.ca

Ms. Wanda Power

Librarian
Janeway Resource Centre - Eastern Health
Health information service providers - I am
based in St. John's but serve the entire
province
Wanda.Power@easternhealth.ca

Mr. Yuri Power

Corner Brook

Mrs. Anitha Prakash

Independent
Ontario

Ms. Windia Putri

ada

Mrs. Joanne Pynn

Mental Health Registered Nurse
St. Anthony

Ms. Vivienne Reardon

Counsellor
LG Health
Happy VALley Goose Bay

Mrs. Heather Rees

RN
Eastern Health
St. John's

Mrs. Christine Reid

Family and Natural Support Worker
Choices for Youth
St. John's

Mrs. Gayle Reid

Clinical nurse educator
Eastern Health
Carbonear General Hospital

Mrs. Genista Richards

Mental Health & Addictions Psychiatric
Nurse
St. Anthony
genista.richards@lghealth.ca

Mrs. Lisa Ricketts

Resource Mother with Healthy Baby Club
The Vista Family Resource Centre
Bonavista
vfrclisa51@gmail.com

Mrs. Meghan Riggs

Regional Peer Supporter
CHANNAL
St. Johns

Dr. Zilkia Rivera

Psychologist
Department of Health
Latinx

Mrs. Cathy Rogers

Prenatal Coordinator
Eastern Health
St. John's
cathy.rogers@easternhealth.ca

Mrs. Megan Rose

Momma Moments Program Facilitator
Choices For Youth
St. Johns

Cindy Saunders

Parent and Child Health Coordinator
Eastern Health
St. John's
cindy.saunders@easternhealth.ca

Mx. Wendolyn Schlamp

Executive Director
YWCA St. John's
St. John's
wendolyn@ywcastjohns.ca

Mrs. Brenda Sheppard

Executive Director
Burin Peninsula Brighter Futures Inc
Marystown
brendasheppard@bpbrighterfutures.ca

Ms. Heather Shute

RN
Eastern Health
St. John's
heathershute@hotmail.com

Mrs. Cherie Smart

Social Worker
Government of Newfoundland and
Labrador (Child Protection)
Clareville, NL

Mrs. Starr Smith

Burin Peninsula Brighter Futures
Marystown, NL
starrsmith@bpbrighterfutures.ca

Anna Smoliar

CLW
asmanor@gmail.com

Mrs. Jody Snashall

CAMHS Liaison and Diversion Nurse
CAMHS

Dr. Jessica Spurrell

Psychologist
Eastern Health
St. John's

Mrs. Debbie Squires

Professional Practice Consultant - Nursing
Eastern Health
St. John's
debbie.squires@easternhealth.ca

Mrs. Connie Stewart

Mental Health Counsellor
Labrador Grenfell Health
Happy Valley - Goose Bay

Ms. Cathy Stokes

Depart. Ed and Early Child Development
Early Childhood Education

Ms. Yofa Sukmawati

Graduate Student
Andalas University
Padang, Indonesia

Kelsie Swain

Social Worker
Labrador Grenfell Health
Happy Valley-Goose Bay

Mrs. Rhonda Taylor

Community Outreach Worker
Daybreak Parent Child Centre
St John's NL

Mrs. Skye Taylor

Ex. Director
Early Childhood Learning and Child Care
executivedirector@aecenl.ca

Ms. Shirley Terry

Clinical Program Supervisor
Child and Youth Services, CSSD
Corner Brook, NL
shirleyterry@gov.nl.ca

Ms. Micah Tilley

Clinical Psychologist
Labrador-Grenfell Health
Happy Valley-Goose Bay

Mrs. Ashley Tobin

Resource Mother
Family Resource Center
Baie Verte
bvphbc@hotmail.com

Martha Traverso-Yopez

MUN
mtraverso@mun.ca

Dr. Nurulita Tunjung Sari

Psychiatrist
Mental Hospital

Mrs. Renee Vaters

Resource mother
TC Family Resource Mother
Carbonear
reneevater@gmail.com

Dr. Archana Vidyasankar

Psychiatrist
St. John's
4aprakash@gmail.com

Ms. Lynn Vivian-Book

Lecturer, Faculty of Nursing
Memorial University
St. John's
lvivianbook@mun.ca

Mrs. Trina Walsh

RN
St. John's, NL

Hilary Walsh

Occupational Therapist/Dance Movement
Therapist
St. John's
hilywalsh88@hotmail.com

Ms. Charlene Walsh

Social worker/supervisor texting services
Kids Help Phone
Goulds
charlenetwalsh@nl.rogers.com

Linda Warford

Mental Health and Addictions Consultant
NL Government, Department of Health and
Community Services
St. John's
lindawarford@gov.nl.ca

Mrs. Tracy Waterman

Client Navigator
Central Health
Gander, NL

Ms. Michelle Way

Resource Mother
Burin Peninsula Brighter Futures
Fortune

Ms. Megan White

Social Worker
Labrador Grenfell Health
Labrador West
megan.white@lghealth.ca

Mr. Keith White

Social Worker
CSSD
Deer Lake

Ms. Angela White

Social Worker
Eastern Health
St John's

Ms. Samantha Whitman

Doula, Provincial Liaison
Doula Canada
Gambo
newfoundland@doulatraining.ca

Ms. Carol Wight

Regional Director
Western Health
Corner Brook
carolannewight@westernhealth.nl.ca

Ms. Renee Williams

Program Manager
Daybreak Parent Child Centre
St. John's
rwilliams@daybreakcentre.com

Ms. Sheena Winsor

Executive Director
Kilbride to Ferryland Family Resource
Centre Coalition Inc.
Kilbride

Ms. Deidre Woodford

PCF
Eastern Health
St. Johns
deidre.woodford@easternhelath.ca

Ms. Colleen Woodrow

Mental Health Counsellor, Social Worker
Labrador Grenfell Health
Happy Valley Goose Bay
colleen.woodrow@lghealth.ca

Ms. Kelly Yetman

Social Worker III

CSSD

St.John's

kellyyetman@gov.nl.ca