

Towards an Integrated Model of Perinatal Mental Health Care

Biographies of the Keynote Speakers



Dr. Alain Gregoire is Consultant Perinatal Psychiatrist and Honorary Senior Lecturer at the University of Southampton, UK. He set up and leads the national award winning (UK Mental Health Team of the Year 2004 and 2013) Hampshire Perinatal Mental Health Service, which provides comprehensive integrated community and inpatient services to women with severe mental health problems in pregnancy and post-natally. This recently featured in the critically acclaimed BBC documentary “My Baby, Psychosis and me”. He was the founding President of the UK and Ireland Marcé Society for perinatal research (UKIMS), and was the founder and is currently the Chair of the UK Maternal Mental Health Alliance, a coalition of over 70 national organisations committed to improving maternal mental

health care and outcomes for mothers and their infants. He was a member of the NICE Guideline Development Group for Antenatal and Postnatal Mental Health and is currently a member of the NHS England Transformation Board for Perinatal Mental Health. He has contributed to the development of policy, guidance and clinical services in the area of parental and infant mental health in the UK and abroad.



Dr. Angela Bowen is a Registered Nurse and trained midwife, with a PhD in Community Health and Epidemiology, with a focus on socially vulnerable, including Aboriginal mothers. She has extensive clinical, educational, and administrative experience in Obstetrics and Mental Health. She led the team that developed the *MotherFirst Mental Health Strategy in Saskatchewan* in 2010 that recommended a three-pronged approach to deal with maternal mental health, including education, screening, and treatment.