



Moving Towards an Integrated Model of Perinatal Mental Health Care in NL

Forum 2020 Agenda

Tuesday, October 27, 2020: webinar format, all plenary sessions, Q&A by written questions submitted via Webex		
9:00 am	Welcome and introduction	Wendolyn Schlamp , Executive Director of the YWCA St. John's and Chair of the PMHA-NL
9:03 am	Greetings from the Government of Newfoundland and Labrador	Honourable Dr. John Haggie , Minister of Health and Community Services, Government of Newfoundland and Labrador (TBC)
9:10 am	Keynote presentation: Vision, Persistence, Determination, Solidarity and Solutions: The UK Experience So Far	Dr. Alain Gregoire , Honorary Senior Lecturer, University of Southampton, UK Introduced by Wendolyn Schlamp
10:05 am	Seven panelists will share recommendations for creating a more integrated model of perinatal mental health care in Newfoundland and Labrador, based on their role and experiences. Moderated by Dr. Caroline Porr , Associate Professor, Faculty of Nursing, Memorial University of Newfoundland	Dr. Martha Traverso-Yopez , Associate Professor, Department of Community Health & Humanities, Faculty of Medicine, Memorial University of Newfoundland Dr. Norah Duggan , Family Physician, Shea Heights Community Health Centre Dr. Archana Vidyasankar , Psychiatrist & Clinical Assistant Professor, Faculty of Medicine, Memorial University of Newfoundland Erin O'Reilly , Doula, Belly Bliss Birthing Services, St. John's Colleen Kearley , Public Health Nurse, Parent & Child Health Coordinator, Eastern Health June Fry , Public Health Nurse, Innu Child Health Coordinator, Labrador-Grenfell Health Roxanne Pottle , Executive Director of Brighter Futures Coalition, St. John's
11:05 am	Break	
11:15 am	Description of the "Strategic Doing" facilitation process of Day 2 and invitation to participate	Mike Clair , member of the PMHA-NL and accomplished facilitator

11:30 am	Keynote presentation: Fostering an Integrated Approach to Perinatal Mental Health Care in Saskatchewan	Dr. Angela Bowen , Professor of Nursing, University of Saskatchewan Introduced by Clare Bessel , Provincial Obstetrical Educator, Perinatal Program NL
12:25 pm	Next steps beyond the next half-day session	Wendolyn Schlamp
12:30 pm	Adjournment	

Thursday, October 29, 2020: plenary and break-out sessions using Webex

9:00 am	Welcome, introduction and review of Day 1	Wendolyn Schlamp , Executive Director of the YWCA St. John's and Chair of the PMHA-NL
9:10 am	Introduction to Strategic Doing: <ul style="list-style-type: none"> • Outline of the process (including timekeeping) • Identification of the Table Guides and Knowledge Keepers • Listing of the break-out groups and ability to change groups • Process for moving from plenary to break-outs • Troubleshooting steps 	Mike Clair , member of the PMHA-NL and accomplished facilitator <i>What would the model of perinatal mental health care look like in NL if screening, support, and treatment for mental health issues could be available for birthing parents before they consider becoming pregnant and through the early parenting years?</i>
9:25 am	Asset identification	<ul style="list-style-type: none"> • Participants are pre-assigned to a group according to the theme/topic they selected upon registering for the forum • Table Guides and Knowledge Keepers are pre-assigned to each group • Participants can see each other on-screen • Participants are brought back to plenary at the end, where they are only able to see the speakers
9:40 am	Linking and leveraging assets	
10:00 am	Identification of the top three opportunities	
10:15 am	Identification of the "Big Easy"	
10:30 am	Identification of success characteristics of the "Big Easy"	
10:50 am	Defining a Pathfinder Project and milestones	
11:10 am	Action Plan	
11:30 am	The 30/30	
11:35 am	Strategic Doing Map	
11:45 am	Each break-out group reports back to the plenary (2 minutes each)	
12:05 pm	Next steps, including how to join the Alliance	Wendolyn Schlamp
12:15 pm	Adjournment	